



DOOR 1

Client ID

Practitioner

Date

Kids' DOOR 1

For supported self-report screening

Practitioner note:

Kids' DOOR 1 is designed for children 6 years and over as a tool to help them tell their story about risk and safety. Whether completed by the app or by paper, this screen should be facilitated by a practitioner at minimum to establish if the child can (and prefers) to self-complete or needs help. Either way, the practitioner should remain nearby and available throughout the screening process, and ready to elaborate with DOOR 2 questions. The Kids' DOORS Handbook has further details.

Introduction for Kids' DOOR 1, including limited confidentiality:

“These are some questions that we talk about with every child and young person. They help you talk with me about your happiness and safety. Some things will be true for you, and some won't be. Everyone is different. I'd like you to answer what is true for you.

I will keep your answers private, except for two things: First, you might want to share things with Mum, Dad, [other person] or someone else because that would be helpful to everyone; and second, there might be things I need to share with other people in order to keep people safe. Normally I would talk to kids about that, and then do whatever is needed to help.”

1. About your culture or religion

1. Is there anything about your family's background that's important for me to know about (like what country you come from or what you believe in)? Yes No

2. About family and where you live

- 2.1 Some kids live in more than one home or place. At the moment, do you? Yes No

- 2.2 Do your parents live together? Yes No

- a. If no, do they still see each other? Yes No

- 2.3 Do you live with either or both of your parents? Yes, both Yes, one of them No, neither

- 2.4 Who mainly looks after you these days where you live? Write 1 and 2 next to the two main people who look after you.

___ Mum_a ___ Dad_b ___ Grandparent_c ___ Brother(s)_d ___ Step-sister/brother_e ___ Friend_f
___ Mum's partner_g ___ Dad's partner_h ___ Foster parent_i ___ Sister(s)_j ___ Other relative_k ___ Someone else_l

- 2.5 Who else lives in your home(s)?

Mum_a Dad_b Grandparent_c Brother(s)_d Step-sister/brother_e Friend_f
 Mum's partner_g Dad's partner_h Foster parent_i Sister(s)_j Other relative_k Someone else_l

- 2.6. How do you feel about your family, the way it is now? Tick all the words that match your feelings:

Fine /OK_a Sad/upset_b Safe and secure_c
 Annoyed/grumpy_d Worried_e A bit hopeless_f
 Scared/afraid_g Angry/mad_h Happy/joyful_i

3. How you, your parents/carers and others get along

- 3.1 Do your parents live together or see each other? Yes No, they don't live together or see each other (GO TO 3.2a)

If yes, how do they get along?

- a. They are friendly with each other Yes No
b. They argue a lot Yes No
c. When they argue I feel scared Yes No
d. I get along with them Yes No

Please only answer these questions if your parents don't live together or they don't see each other.

- 3.2a Does parent/carer 1 (eg Mum) have a partner? Yes No, they don't have a partner (GO TO 3.2b)

If yes, how do they get along?

1. They are friendly with each other Yes No
2. They argue a lot Yes No
3. When they argue I feel scared Yes No
4. I get along well with their partner Yes No

- 3.2b Does parent/carer 2 (eg Dad) have a partner? Yes No, they don't have a partner (GO TO 3.3)

If yes, how do they get along?

1. They are friendly with each other Yes No
2. They argue a lot Yes No
3. When they argue I feel scared Yes No
4. I get along well with their partner Yes No

Please only answer these questions if you don't live with your parent(s).

- 3.3 How do the adults in your house get along?

- a. They are friendly with each other Yes No
b. They argue a lot Yes No
c. When they argue I feel scared Yes No
d. I get along well with them Yes No

4. How you are doing lately

Thinking about you, over the past month have you felt:

- | | | |
|-------------------------|------------------------------|-----------------------------|
| 4.1 Happy enough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4.2 Very worried | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4.3 Very sad | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4.4 Very angry | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

5. How your parents/carers and others are doing lately

How parent/carer 1 is doing

Thinking about the person you said was parent/carer 1:

- 5.1a Do you live with them at least some of the time? Yes No, not living with parent/carer 1 (GO TO 5.2a)
If Yes, over the past month, have they seemed:
- | | | |
|------------------------|------------------------------|-----------------------------|
| 1. Happy enough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Very worried | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Very sad | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Very angry | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
- 5.1b Do you spend time with parent/carer 1's partner? Yes No, not relevant to me (GO TO 5.2a)
If Yes, over the past month, have they seemed:
- | | | |
|------------------------|------------------------------|-----------------------------|
| 1. Happy enough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Very worried | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Very sad | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Very angry | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

How parent/carer 2 is doing

Thinking about the person you said was parent/carer 2:

- 5.2a Do you live with them at least some of the time? Yes No, not living with parent/carer 2 (GO TO 5.3)
If Yes, over the past month, have they seemed:
- | | | |
|------------------------|------------------------------|-----------------------------|
| 1. Happy enough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Very worried | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Very sad | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Very angry | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
- 5.2b Do you spend time with parent/carer 2's partner? Yes No, not relevant to me (GO TO 5.3)
If Yes, over the past month, have they seemed:
- | | | |
|------------------------|------------------------------|-----------------------------|
| 1. Happy enough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Very worried | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Very sad | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Very angry | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

How other carers are doing

- 5.3 Does another adult care for you (eg foster parent or grandparent) Yes No, not relevant to me (GO TO 6)
If Yes, over the past month, have they seemed:
- | | | |
|-------------------------|------------------------------|-----------------------------|
| a. Happy enough? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| b. Very worried? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| c. Very sad? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| d. Very angry? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

6. How things are with you and your parents/carers

Thinking about parent/carer 1 and parent/carer 2:

- | | | | |
|--|------------------------------|-----------------------------|---|
| 6.1 The amount of time I spend with parent/carer 1 is right for me | <input type="checkbox"/> Yes | <input type="checkbox"/> No | |
| 6.2 The amount of time I spend with parent/carer 2 is right for me | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not relevant to me |
| 6.3 If I had a problem, I know parent/carer 1 would help | <input type="checkbox"/> Yes | <input type="checkbox"/> No | |
| 6.4 If I had a problem, I know parent/carer 2 would help | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not relevant to me |

7. How safe you feel these days

Sometimes children don't always feel as safe as they want to. These questions are about how safe you feel now and in the past.

- 7.1 Have you **always** felt as safe as you wanted to be? Yes No
- 7.2 Did you **always** feel safe with parent/carer 1? Yes No
- 7.3 Did you **always** feel safe with parent/carer 2? Yes No Not relevant to me
- 7.4 Did you **always** feel safe with everyone else you live with? Yes No Not relevant to me
- 7.5 Were your parents (and their partners) **always** safe with each other? Yes No Not relevant to me
- 7.6 Were you **ever** afraid of being with anyone? Yes No
- 7.7 Were you **ever** hurt by anyone in a way that wasn't an accident (like being hit, pushed or touched in a bad way)? Yes No
- 7.8 Have you **ever** hurt someone in your home in a way that wasn't an accident (like hitting, pushing or touching in a bad way)? Yes No
- 7.9 Have you **ever** thought about or actually hurt yourself in a way that wasn't an accident? Yes No
- a. If yes, do you feel that way lately Yes No

8. Other stuff that feels tough

Sometimes tough things happen to children and young people. This year, did any of these things happen to you:

- 8.1 I have been bullied Yes No
- 8.2 I moved house Yes No
- 8.3 I changed schools Yes No
- 8.4 I was sick in hospital Yes No
- 8.5 Someone I love died Yes No
- 8.6 My family had big money worries Yes No
- 8.7 Anything else? Yes No
- a. If yes, please write it here

9. When things are hard

- 9.1 When things are tough in your family life, do you ask someone for help? Yes No
- 9.2 Is there anything else that helps you when things are tough? Yes No
- 9.3 Do you have a teacher who really understands you? Yes No
- 9.4 Do you have a friend you can talk to? Yes No

10. Helpful things and people

- 10.1 What's the most helpful thing you do when things are tough?
- 10.2 Who was the most helpful person to you this year?
- 10.3 What was the best thing that happened to you this year?

Close

Thank you for letting me know about your safety and your feelings. It's very important you feel as safe and secure as possible.

- Did these questions help you to talk and feel understood? Yes No Not sure

Notice to Practitioners and Researchers

Notice of Terms of Use

The Family DOORS tools (“DOORS”) are intended for professional use, for the express purpose of assisting with preliminary screening and responding to risk. The DOORS, in whole or in part, do not provide any formal diagnosis, finding, conclusion or recommendation, and are not intended to be used as a substitute for assessment. The authors and publishers of the DOORS disclaim any legal liability or responsibility for the accuracy or completeness of information gathered in screening processes that employ DOORS, or for decisions that are made or services that are received in conjunction with this tool. The full Terms of Use can be found on the Family DOORS website. Use of DOORS in any form is subject to and conditional upon these Terms of Use. All users of DOORS in any form are deemed, by virtue of such use, to have read, understood, accepted and agreed to these Terms of Use.

Using the Family DOORS™

Accurate use of the DOORS depends on good, ongoing training and the relevant service policies. Reading the supporting material and the Family DOORS handbook including the completion of the self-paced learning activities will provide relevant background for using the DOORS screening tools. A comprehensive online training about the Family DOORS has also been developed and is available for a fee through the www.familydoors.com website.

Researcher Terms of Use

Research use of the DOORS is encouraged, and collaborations are invited. Once permissions are sought, researchers may make free use of the Family DOORS screening tool for research purposes. Researchers wishing to use the Family DOORS Screening Tool for research purposes should contact the author, Prof. Jennifer McIntosh, with a simple letter acknowledging acceptance of the terms of use via Contact: DoorsSupport@rasa.org.au

The researcher/s will ensure that in their use of the Family DOORS:

- the Terms of Use Notice (at the top of this page) appears prominently on the DOORS screening tool;
- copyright and trademarks pertaining to the DOORS are used;
- all use of the DOORS screening tool is strictly not for profit;
- software versions of the tool are not created without express permission;
- the DOORS screening tools are not modified in any way without permission of the author, including translation from English. If permission to translate is granted, the researcher agrees to make this translation available to the author/s, and to grant them the right to use the translation in their ongoing work with the DOORS;
- the DOORS Handbook is referred to as an important guide for implementation. Further training can be undertaken as needed from the online program, available at www.familydoors.com;
- authorship is acknowledged.
- reference to the Family DOORS tools and resources are followed as given below (or available from the author via DoorsSupport@rasa.org.au).

For more information please visit: www.familydoors.com

Citations and references

McIntosh, J.E., Bailey, A., Lee, J. & Ralfs, C. (2023). Kids’ DOOR 1: Supported self-report. In: A. Bailey, J.E. McIntosh, A. Booth, J. Lee, & C. Ralfs (2023). *The Kids’ DOORS Handbook*. Unpublished Manuscript. The Bouverie Centre, La Trobe University and Relationships Australia, South Australia.

McIntosh, J.E., Bailey, A., Lee, J. & Ralfs, C. (2023). Kids’ DOOR 1: Supported screening (with traffic light rubric). In: A. Bailey, J.E. McIntosh, A. Booth, J. Lee, & C. Ralfs (2023). *The Kids’ DOORS Handbook*. Unpublished Manuscript. The Bouverie Centre, La Trobe University and Relationships Australia, South Australia.

McIntosh, J.E., Bailey, A., Lee, J. & Ralfs, C. (2023). Kids’ DOOR 2: Practitioner Aide Memoire. In: A. Bailey, J.E. McIntosh, A. Booth, J. Lee, & C. Ralfs (2023). *The Kids’ DOORS Handbook*. Unpublished Manuscript. The Bouverie Centre, La Trobe University and Relationships Australia, South Australia.